



Pet Quality of Life Scale Daily Diary



Directions: Use the key factors of quality of life below to help assess you pet's condition. Use the Daily Diary to keep track of your pet's progress. Fill in the appropriate number for each category and then add the numbers from each category for that day

MOBILITY

- 2 Good mobility** - No difficulty getting around, enjoys walks and going outside.
- 1 Poor mobility** - Difficulty getting up, hard to get in position
- 0 Bare minimum mobility** - Needs assistance, pain medication/anti-inflammatory medications do not help

INTERACTION / ATTITUDE

- 2 Interacts normally** with family and other pets
- 1 Some interaction** with family and other pets
- 0 Hides** in the closet or under the bed

NUTRITION

- 2 Good appetite**
- 1 Poor appetite** - Hand feeding, needs enticing
- 0 No appetite**

ELIMINATION

- 2 Normal** urination and/or defecation
- 1 Reduced/irregular** urination and/or defecation
- 0 No urination or defecation**

HYDRATION

- 2 Adequate** intake
- 1 Poor** intake
- 0 Requires subcutaneous fluids**

DAILY ACTIVITIES

- 2 Normal** favorite activities, hobbies, etc.
- 1 Decrease** in doing favorite things
- 0 No interest** in any activity

Scale

- 12-9** = everything is okay
- 6-8** = requires intervention
- 0-5** = consider euthanasia

The maximum score is 12. You can determine your own scale, for example, if your pet suffers from heart failure or lung cancer, you can give half or quarter points if appropriate.

Date	Mobility	Nutrition	Hydration	Interaction/attitude	Elimination	Daily	Total

Notes:

